
“A STUDY TO ASSESS THE LEVEL OF ASSERTIVENESS AMONG BSC NURSING STUDENTS OF SHARDA UNIVERSITY, GREATER NOIDA, UTTAR PRADESH.”

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Abstract-

A study to assess the Level of Assertiveness among BSc Nursing students of Sharda University Greater Noida, UP. The purpose of the study was to assess the position of Assertiveness among BSc. Nursing scholars of selected college, Sharda University Greater Noida, UP. The finding of the study can help us to know the number of students who are Assertive. Hereby by assessing the knowledge we can take further steps to educate, encourage and support the students as per the result of this study. A quantitative approach was used and research design adopted for present study was descriptive research design (pre-test only design). The target population for study was BSc Nursing students of Sharda University. The sample size was 100. Obtained data was analyzed based on objective and hypothesis by using descriptive and inferential statistics and hypothesis were tested at 0.05 level of significance. The result of the study states that the Majority of the subjects (60.3%) whose age was between 21-23 years was found to have aggressive behavior while 55.0% of the subjects whose age was between 18 to 20 years reflected assertive behavior More than half of the female (57.8%) and male (51.2%) subjects were found to have aggressive nature. The maximum percentage of students (57.3%) who were interested in studying nursing

was found to have aggressive behavior. However, statistically no significant association was found between levels of assertiveness and selected demographic variables.

Keywords- Assertiveness, Communication, Nursing, Level

INTRODUCTION-

Selfconfidence is essential to nursing careers in many ways. Nursing is an honorable profession that needs and respects others. A safe way to communicate and put your work and ideas ahead of others helps both visitors and nurses. Professionals are trusted to advise clients in all locations. It promotes honesty and loyalty in senior positions. Selfconfidence is a word associated with the present moving towards life. It increases the quality of life by adding meaning and motivation to one's actions. He trusts not only a word, but also the actions, actions and behaviors of a person in all areas of life. It is the habit or pattern of learning to confidently communicate passions and ideas without inflicting violence on others. It paints a picture of accepting behaviors that involve and belittle other people. Trust is good for everyone. In its simplest definition, it is expressing one's own opinion, that is recognizing people's rights without infringing on the rights of others.

Assertiveness is the way of expressing passions, view, trust and actually without exploiting other rights. Assertive staff nurses are suitable to suggest their views easily and accepts and takes review appreciatively, respects the rights and liabilities in a nursing situation and act consequently. Lack of Assertiveness results in ineffective communication therefore compromising quality case care. However, the cases identify the lack of Assertiveness in nurses, they don't develop trusting relationship with them, if suppose. Assertive nurses empower their cases and make confidence in whatever the care handed. nurse. The process of developing assertiveness and good communication skills should start in nursing education programs, where students are encouraged to voice their thoughts and specific rights in order to promote collaboration and boost autonomy. Clinical experience is not always easily adapted from knowledge learned in the classroom. Therefore, students need to practice their skills through demonstration, role playing, and experience in the clinical lab so that they can accept support, direction, and feedback from nursing faculty. By doing this, students may be suitable to practice their skills in a non-threatening environment where faculty can watch and evaluate them.

Lack of Assertiveness result in diminished communication efficacy, therefore Compromising. Case care. when nurse express a lack of confident and a lack of Assertiveness, cases may notice. still, they won't have a strong trusting relationship for nurse to empower their cases, they need to be assertive, if those cases don't feel that nurse are confident in their work. Assertiveness shouldn't be mistake for aggressiveness, which involves unhappy expression of studies, feelings and beliefs in a way that violates the rights of others. Nurse The nursing education curriculum should start working on developing assertiveness and strong communication skills. where academics are encouraged to voice their thoughts and specific rights in order to encourage commission and improve autonomy. Clinical practice is not always effectively translated from the classroom. So that they can accept help, guidance, and feedback from nursing professors, students must practice their skills through demonstration, role playing, and experience in the clinical lab. This will allow

students to practice their skills in a non-threatening environment while staff members watch, evaluate, and provide comments. The purpose of this study was to compare the assertiveness scores of sophomore level nursing students with the assertiveness score of senior level nursing students at a large Midwestern university baccalaureate nursing Program. Assertiveness is an important social skill which promotes particular good. utmost description of Assertiveness emphasizes direct expressions of passions, solicitation sand studies in inter personal surrounds.

Delineations of behavior regarding personal rights. According to Alberti and Emmons (1990), behavior "promotes social cohesion in the social world, enabling us to pursue our own interests, defend ourselves without concern, show a desire for justice, and exercise certain rights without denying the rights of others.

PROBLEM STATEMENT

Study to assess the Level of Assertiveness among BSc Nursing students of selected college, Sharda University Greater Noida, UP.

OBJECTIVES

- To assess the level of assertiveness among BSc. nursing students.
- To find out the association between the level of assertiveness among BSc. Nursing students with their selected demographic variables.

HYPOTHESIS

H₁: There will be significant association between selected demographic variables and Level of Assertiveness.

ASSUMPTIONS

- This study assumes that-
- The participants will give their honest response to the items of questionnaire.
- It is assumed that they will have some adjustment problems at the initial days.
- It is assumed that adjustment problems are influenced by the selected demographic variables.

DELIMITATION

The study is delimited to B.Sc. Nursing students of Sharda University.

**Table No. 1: Representation of demographic variables,
N=100**

Variables	Frequency (f)	Percentage (%)
Age (Yrs.)		
18-20	20	20
21-23	58	58

24-26	20	20
Above 26	2	2
Gender		
Male	43	43
Female	57	57
Religion		
Hindu	86	86
Muslim	7	7
Christian	4	4
Sikh	3	3
Type of family		
Nuclear	70	70
Joint	30	30
Educational Status of Father		
No Formal Education	9	9
Secondary	23	23
Senior Secondary	26	26
Graduate and Above	42	42
Educational Status of Mother		
No Formal Education	27	27
Secondary	20	20
Senior Secondary	29	29
Graduate and Above	24	24
Occupation of Father		
Government Employee	26	26
Private Employee	24	24
Self-employee	47	47
Unemployed	3	3
Occupation of Mother		
Government Employee	12	12
Private Employee	5	5
Self-employee	35	35
Unemployed	48	48
Monthly Family income		
<5000	9	9
5001-10,000	16	16
10,001-15,000	26	26
15,001-20,000	39	39
>20,001	10	10
Are you interested in studying Nursing		

Yes	68	68
No	32	32

Table No. 2: Representation of level of Assertiveness

N=100

S.N	Level Of Assertiveness	Score	%	Mean score	Std. Deviation
1	Assertiveness	>40	55	39.9	40+4.5
2	Aggressive	21-40	45		
3	Passive	<20	0		

ASSOCIATION BETWEEN LEVELS OF ASSERTIVENESS WITH THE SELECTED DEMOGRAPHIC VARIABLES

Variables	Aggressive (21-40) f(%) n=55	Assertivene ss(>40) f(%) n=45	Chi- square	df	p-value
Age (in years)					
18-20	9 (45.0)	11 (55.0)	1.69	2	0.42
21-23	35 (60.3)	23 (39.7)			
24-26	11 (50.0)	11 (50.0)			
Gender					
Male	22 (51.2)	21 (48.8)	0.44	1	0.50
Female	33 (57.8)	24 (42.2)			
Religion					
Hindu	48 (55.8)	38 (44.2)	0.16	1	0.68
Muslim	7 (50.0)	7 (50.0)			
Type of family					
Nuclear	38 (54.3)	32 (45.7)	0.04	1	0.82
Joint	17 (56.6)	13 (43.3)			
Educational Status of Father					
No Formal Education	4 (44.4)	5 (55.6)	0.91	3	0.82
Secondary	14 (60.8)	9 (39.1)			
Senior Secondary	15 (57.7)	11 (42.3)			
Graduate & Above	22 (52.3)	20 (47.6)			
Educational Status of Mother					
No Formal Education	16 (59.2)	11 (40.7)	1.16	3	0.76
Secondary	9 (45.0)	11 (55.0)			
Senior Secondary	17 (58.6)	12 (41.3)			
Graduate and Above	13 (54.1)	11 (45.8)			
Occupation of Father					

Government Employee	16 (61.5)	10 (38.5)	0.91	3	0.82
Private Employee	13 (54.2)	11 (45.8)			
Self-employee	24 (51.1)	23 (48.9)			
Unemployed	2 (66.7)	1 (33.3)			
Occupation of Mother					
Government Employee	5 (41.6)	7 (58.4)	5.17	3	0.15
Private Employee	2 (40.0)	3 (60.0)			
Self-employee	16 (45.7)	19 (54.3)			
Unemployed	32 (66.7)	16 (33.3)			
Monthly Family income					
<5000	9 (100.0)	0(0.0)	8.10	4	0.08
5001-10,000	8 (50.0)	8 (50.0)			
10,001-15,000	13 (50.0)	13 (50.0)			
15,001-20,000	20 (51.2)	19 (48.7)			
>20,001	5 (50.0)	5 (50.0)			
Are you Interested in studying Nursing					
Yes	39 (57.3)	29 (42.7)	0.47	1	0.49
No	16 (50.0)	16 (50.0)			

MAJOR FINDINGS

The Major Findings of the study are:

- Majority of the students i.e. 80% are in age group of 21-26 years
- Very few students i.e. 20% are in age group 18-20 years.
- The sample consists of 57% of Females, and 43% of Males.
- Based on the sample of the study the occupation of the student's parents/guardians are; Government employee 27%(26), private employee 24%(24),Self Employee 47% (47) and Unemployed 3%(3).
- The monthly family income of the parents/guardians is INR below 5000 9% (9), 5001-10000 16% (16), 10,001-15,000 26% (26), above 15,001-20,000 INR 39% Above 20,000 10% (10).
- Mostly the students were female.
- Aggressive behaviour was recorded slightly more in Hindu subjects (55.8%) in comparison to Muslim subjects (50.0%).
- Aggressive nature was found in 100% of the subjects whose family income was less than 5000.
- (57.3%) were interested in studying nursing.
- Statistically no significant association was found between levels of assertiveness and selected demographic variables.

CONCLUSION

The following conclusion was drawn from the finding the study. Assessing the assertiveness problem faced by the B.sc nursing students was effective way as from the study we came to know regarding how many students were having low assertiveness in their own fields. Therefore we are aware regarding the impacts of assertiveness problems to B.sc nursing students.

IMPLICATION

The researcher has derived from the study, the following implications which are of vital concern in the field of nursing practice, nursing education, nursing administration and nursing research.

RECOMMENDATIONS

On the basis of the study, the following recommendation has been made:

- An analogous study can be replicated on the large sample to generalize the findings.
- Study can be conducted to find the differences in the level of assertiveness students in different institutions.
- A similar study can be conducted to find differences in level of assertiveness.

CONFLICTS OF INTEREST -Nil

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